first install docker

commands for ubuntu:

-sudo docker pull ubuntu

-sudo docker run -it ubuntu

-sudo apt-get update

-sudo apt-get install python2.7

-sudo apt-get install python-pip

-sudo pip install flask

-sudo apt-get install nano

check ifconfig and copy the init address

-nano server.py

a file will open

write program

//////////press ctrl O THEN enter THEN ctrl X

go to terminal and run

-python server.py

go to browser type displayed ip starting from http:

browser will display hello worlld

press "ctrl Q p" together

it will lead to student

now

-sudo docker ps -l

-sudo docker commit containerid imagename

-sudo docker images

-sudo docker run -it imgagename

exit